

My three month stay at the Leighton Artist Colony at the Banff Centre in the fall of 1986 was wonderfully productive. This lively Sonata, my first for flute and piano, was written between two sets of piano pieces, *Pro-Motion* and *E-motion*, and the Festive Sonata for Trumpet & Organ. Completed in November it was premiered January 11, 1987 at the old Roubakine Theatre at the Banff Centre by American flautist Paul Taub and myself. The first and last movements are lively, playful, sometimes biting. The second is a Lament, brooding and reflective. The flute and piano are equal partners in the dialogue throughout this tuneful work. CBC Saskatchewan recorded the Sonata the following November on a concert of my music at Government House in Regina where I played with Sandra Hoffman who was principal flute with the Regina Symphony Orchestra. The First Sonata appears in the 2010 Flute Syllabus for the Royal Conservatory of Music, Grade 10.